Olanzapine (Zyprexa Zydis)

MEDICATION

THE DRUG

Class: Antipsychotic

How it works: Antagonizes serotonin and dopamine receptors

USE IT FOR

- Agitated patients
- Manic disorder, schizophrenia, psychosis

DON'T GIVE / CAUTION

- Known drug allergy
- Caution: CNS depressant effects, QT prolongation
- Watch for neuroleptic malignant syndrome

DOSE

Adult: **10 mg PO (agitation — Behavioral Emergencies guideline)**

Peds: **[not in guidelines entry — verify]**

Repeat: **[not in guidelines entry — verify]**

WATCH FOR

- Extrapyramidal syndrome
- Hypotension, urinary retention
- DKA (listed side effect in guideline profile)

PEARLS

- Never give both olanzapine and haloperidol — pick one antipsychotic (guideline, Behavioral Emergencies)
- Oral doses: give to the patient to ingest on their own; never place hands near the patient's mouth

Take Home Message:

For the agitated patient, olanzapine 10 mg PO is Mercy's oral antipsychotic option — and never combine it with haloperidol.