# Stair Chair

PROCEDURE

## STEPS

1. Ensure all parts are securely locked in place before use
2. Reassure the patient
3. If unconscious, consider a C-collar to maintain the airway
4. Lift properly: hands close to body, back straight, lift with your legs, coordinate with your partner, avoid twisting

## BEFORE YOU START

- For situations where stretchers are impractical — narrow corridors, up and down stairs

## KIT YOU NEED

- Stair chair: sturdy, foldable, compact design with track system
- Safety restraints; easy maneuverability; ergonomic patient positioning

## IF IT GOES WRONG

- Prevent failures: power washable — check straps for frays or damage, check handles for damage and functionality
- Patient safety: restraint system, smooth movement and stability, reduced physical strain on the patient

**Take Home Message:**

Lock every part before use, restrain the patient, and lift with your legs — the stair chair exists for where stretchers can't go.