Methylprednisolone

MEDICATION

THE DRUG

Class: Corticosteroid; anti-inflammatory

How it works: Suppresses the immune response in allergic reaction (per page)

USE IT FOR

- Severe anaphylaxis
- Asthma
- COPD

DON'T GIVE / CAUTION

- Contraindications: none in the emergency setting (per page)
- Must be reconstituted and used promptly
- Monitor BP, EtCO2, ECG

DOSE

Adult: 125 mg (reconstituted, per page)
Peds: [dose not stated in original text]
Repeat: [dose not stated in original text]

WATCH FOR

- GI bleeding
- Prolonged healing
- Natural steroid suppression

PEARLS

- Onset listed as 2-6 hours (per page)

Take Home Message:

Methylprednisolone backs up severe anaphylaxis, asthma, and COPD at 125 mg — reconstitute it and use it promptly.